
NIS3D: A Completely Annotated Benchmark for Dense 3D Nuclei Image Segmentation

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Abstract

1 3D segmentation of nuclei images is a fundamental task for many biological studies.
2 Despite the rapid advances of large-volume 3D imaging acquisition methods and
3 the emergence of sophisticated algorithms to segment the nuclei in recent years,
4 a benchmark with all cells completely annotated is still missing, making it hard
5 to accurately assess and further improve the performance of the algorithms. The
6 existing nuclei segmentation benchmarks either worked on 2D only or annotated
7 a small number of 3D cells, perhaps due to the high cost of 3D annotation for
8 large-scale data. To fulfill the critical need, we constructed NIS3D, a 3D, high
9 cell density, large-volume, and completely annotated Nuclei Image Segmentation
10 benchmark, assisted by our newly designed semi-automatic annotation software.
11 NIS3D provides more than 22,000 cells across multiple most-used species in this
12 area. Each cell is labeled by three independent annotators, so we can measure the
13 variability of each annotation. A confidence score is computed for each cell, allow-
14 ing more nuanced testing and performance comparison. A comprehensive review
15 on the methods of segmenting 3D dense nuclei was conducted. The benchmark was
16 used to evaluate the performance of several selected state-of-the-art segmentation
17 algorithms. The best of current methods is still far away from human-level accuracy,
18 corroborating the necessity of generating such a benchmark. The testing results
19 also demonstrated the strength and weakness of each method and pointed out the
20 directions of further methodological development. The dataset can be downloaded
21 here <https://github.com/you-lab-vt/NIS3D>.

22 1 Introduction

23 With the rapid development of live-cell microscopic imaging and genetic fluorescent reporters,
24 researchers are able to record the time-lapse 3D images of cell nuclei during the embryogenesis
25 process[1]. Such data are valuable for a wide range of biological research, for instance, the mecha-
26 nisms and patterns of cell differentiation, the origin and diversity of cell types, and the causes and
27 consequences of developmental defects [2–7]. In these studies, a critical step is 3D embryonic cell
28 nuclei image segmentation, which is the foundation of subsequent analyses including cell tracking,
29 lineaging analysis, morphogenesis analysis, and morphodynamic analysis [8–10].

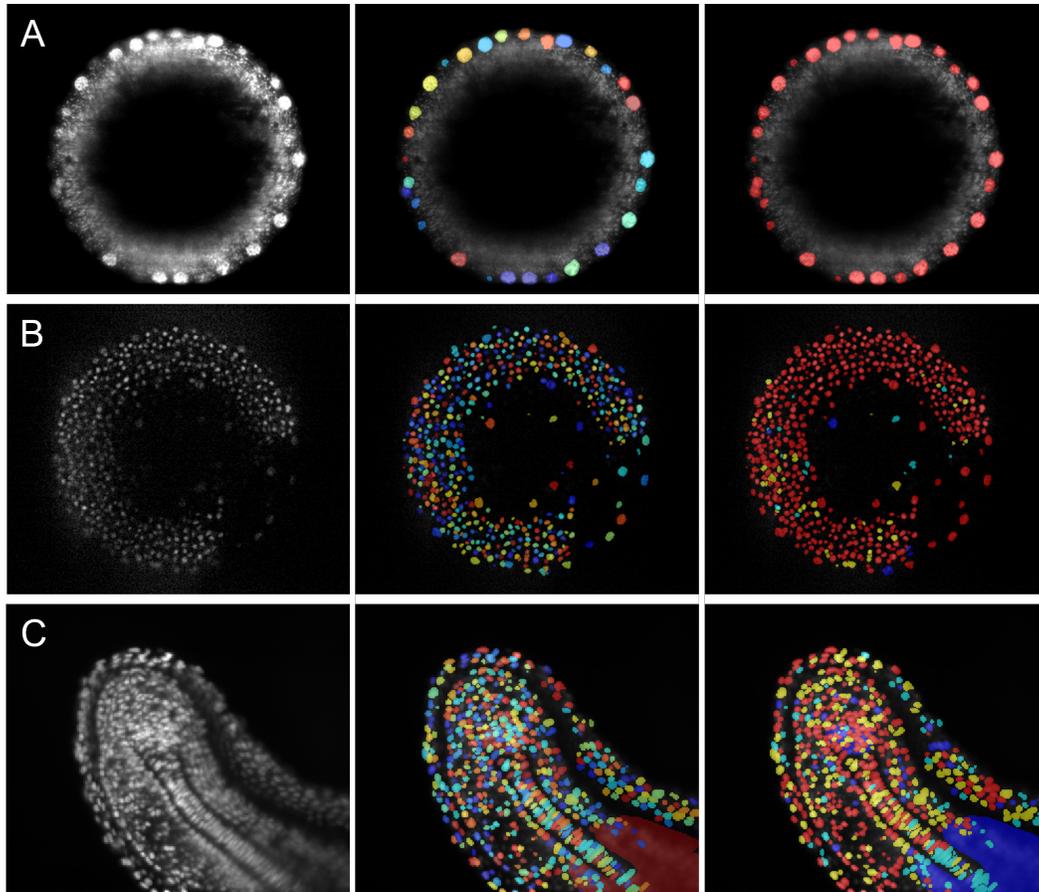


Figure 1: Examples of NIS3D benchmark. Each row represents a specific data, with columns from left to right displaying raw data, the annotated ground truth, and the corresponding confidence score map, respectively. Confidence scores are assigned on a four-level scale to indicate the reliability of each annotation, from low to high: “undefined masks”, “1/3”, “2/3”, and “3/3”. These levels are labeled by the colors deep blue, light blue, yellow, and red, respectively. It’s worth noting that “undefined mask” indicates regions with a group of very blurry cells that annotators can’t decide their boundaries. The detection whose majority of pixels are within the undefined masks will be ignored, neither considered as true positive nor false positive.

30 Unlike other types of nuclei image data, 3D embryonic nuclei data possess distinctive characteristics,
 31 such as high cell density, large volumes, low signal-to-noise ratio (SNR), and a diverse range of shapes
 32 and intensities within the same volume, as exemplified in Figure 2. Consequently, the segmentation
 33 of 3D embryonic nuclei images presents great challenges. Despite the numerous 3D segmentation
 34 methods proposed, there is currently a lack of a widely accepted comprehensive benchmark for
 35 evaluating their performance. The existing benchmarks or datasets [11–16] for nuclei segmentation
 36 predominantly provide 2D ground truth, thereby overlooking the critical aspect of 3D analysis.
 37 Although some datasets [17, 18] do offer 3D annotations, they focus on the very early stages of
 38 embryo development, resulting in uncharacteristically low cell density and a very limited number of
 39 annotated cells.

40 Annotating large volumes of 3D embryonic nuclei is a time-consuming and labor-intensive task
 41 that requires a thorough manual inspection of the data. Unlike 2D images, where objects reside on
 42 individual planes with relatively simple morphological structures, annotating 3D images presents
 43 significantly greater challenges for the following reasons: (a) In 3D image annotation, a nucleus is
 44 captured across multiple consecutive z-slices, resulting in 2D boundaries on each slice comprising

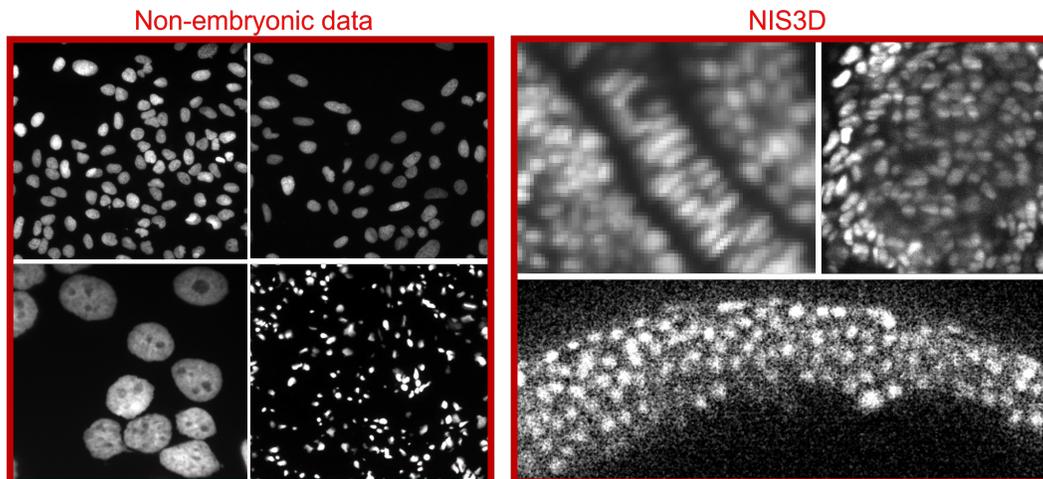


Figure 2: Left: 2D non-embryonic nuclei images [12, 13, 19]. Right: 3D embryonic nuclei images.

45 its surface. Consequently, annotating the same number of cells in 3D requires significantly more
 46 time compared to 2D labeling. (b) In dense object arrangements, portions of the cell surface can be
 47 parallel to the chosen visualization view and remain invisible, further complicating the annotation
 48 process. (c) The cell morphology and texture in 3D images exhibit far greater complexity than their
 49 2D counterparts, demanding annotators to adhere to higher standards when labeling nuclei accurately.
 50 Consequently, annotating 3D images necessitates a larger investment of human labor compared to 2D
 51 cases.

52 To fill the gap of a completely annotated 3D embryonic cell image dataset, in this report, we present
 53 NIS3D, a 3D, high cell density, large-volume, and completely annotated embryonic Nuclei Image
 54 Segmentation benchmark. We provide examples of the benchmark in Figure 1. NIS3D provides more
 55 than 22,000 3D nuclei in the embryo images of zebrafish, drosophila, and mouse, which are the most
 56 commonly used species in the field. Each image of NIS3D is annotated by three independent well-
 57 trained annotators spending a total of 700+ hours. To allow more nuanced testing and performance
 58 comparison, a confidence score is computed for each cell to show its reliability. There are four levels
 59 of confidence scores in NIS3D, from the least confident score representing ambiguous annotation to
 60 the largest confident score indicating great consistency among all annotators.

61 To be more specific, the advantages of NIS3D are as follows:

- 62 • A good representation: NIS3D provides large-volume images of high cell densities, with
 63 nuclei whose signal-to-noise ratio, shape, and brightness vary with position. These properties
 64 make this benchmark challenging but well representative of data from real research.
- 65 • 3D complete annotation: All cells are annotated, and all labels are 3D. Compared with
 66 sparse annotation or 2D annotation, NIS3D can provide a more comprehensive evaluation,
 67 including the evaluation of false positives.
- 68 • Confidence score: A confidence score is computed for each cell, allowing more nuanced
 69 testing and performance comparison.
- 70 • Multiple species: NIS3D contains the three most commonly used species in this field
 71 (zebrafish, drosophila, and *Mus Musculus*) to provide enough diversity.

72 To facilitate the 3D annotation, we developed a semi-automatic annotation tool. It can generate a
 73 suggestive 3D boundary on all z-slices for the user-identified cell, without tedious labeling on each
 74 z-slice. The suggestive boundary can even outperform human annotation in low-quality regions, but
 75 annotators still have the authority and flexibility to further fine-tune unsatisfied cell boundaries. The
 76 tool not only significantly speeds up the annotation workflow but also reduces human bias.

Table 1: Existing benchmarks

Name	Data	Label	Annotator #	Complete label	Sample #	Year
Cell tracking challenge[14]	3D	2D	3	No	3,000+	2014
BBBC039v1 [20]	2D	2D	1	Yes	23,000+	2018
2018 Data Science Bowl[12]	2D	2D	1	Yes	30,000+	2018
S-BSST265[19]	2D	2D	N/A	Yes	7813	2020
BBBC032v1[17]	3D	3D	N/A	Yes	57	2018
BBBC050[18]	3D	3D	N/A	Yes	1,814	2020
C.elegans[21]	3D	3D	1	Yes	15,000+	2022
NIS3D (ours)	3D	3D	3	Yes	22,000+	2023

*For Cell tracking challenge, we only consider the 3D embryonic data. N/A annotator number means that the work didn't mention it.

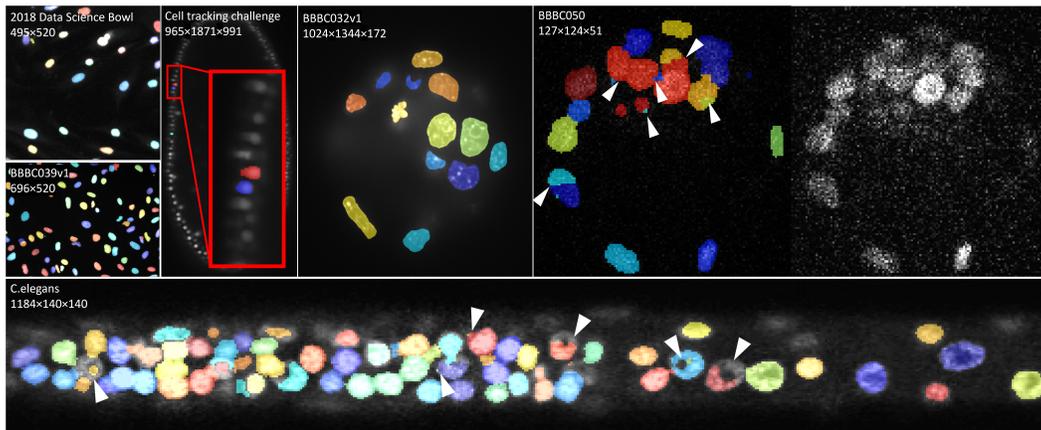


Figure 3: Representative examples of existing benchmarks. The numbers on the left top indicate the resolution of this data. All data shown here are the full data or z-slices from the corresponding dataset and are not cropped. Different colors represent different ground truth labels. The over-segment and under-segment issues in BBBC050 are indicated by white arrows.

77 2 Related work

78 **Existing benchmarks** Table 1 summarizes the existing benchmarks in this field and Figure 3
 79 shows examples of them. The cell tracking challenge is considered as the most commonly-used
 80 benchmark in this field, but it only provides sparse annotation for embryonic data, making the false
 81 positive evaluation infeasible. BBBC039v1, 2018 data science bowl, and S-BSST265 are also popular
 82 benchmarks providing nuclei data, but they are not embryonic and have a relatively low nuclei
 83 density with nuclei well separated. As a result, they cannot be used to comprehensively evaluate the
 84 segmentation algorithms dealing with densely packed nuclei. Moreover, all these benchmarks only
 85 provide 2D annotations while various biological questions require algorithms to detect the boundary
 86 in 3D space. It should be pointed out that BBBC032v1 and BBBC050 do provide 3D annotations
 87 of animal embryos of mouse and drosophila, but they are at very early developmental stages with
 88 two critical issues: unusually low nuclei density and small sample size. Moreover, BBBC050 is not
 89 initially made as a benchmark and has some quality issues. Figure 3 shows obvious under-segment
 90 and over-segment problems for the ground truth of BBBC050. *C.elegans* is a better option, but it not
 91 only suffers from low diversity but also has discrepancies such as incomplete or erroneous labels,
 92 which is hard to avoid for ground truth from only one annotator. Additional information can be found
 93 in the supplementary.

94 **Existing segmentation methods** The existing segmentation methods can be classified into two
 95 groups: semantic segmentation and instance segmentation. Semantic segmentation assigns the

96 same label to the object of the same class. For nuclei images, it can only get foreground rather
97 than individual cells. Some famous models, like ilastik[22], labkit[23], and 3D U-Net [24] belong
98 to this class. Such models work well for many low cell-density data. But for embryonic data
99 analysis, they are far from satisfactory, and thus instance segmentation is necessary. There are popular
100 tools, such as Vaa3D[25], MorphoLibJ[26], and 3D Suite[27], providing unsupervised methods for
101 instance segmentation. Those methods are easy to use but generally fail to deal with the complex
102 morphological and intensity patterns of embryonic data. There are also some supervised models,
103 for instance, methods proposed in recent years, like Mesmer[15], QCAnet[18], Cellpose[11], and
104 StarDist [28]. Some of those methods like Mesmer can only be used for 2D images. QCAnet consists
105 of two submodels, which can detect the foreground and nuclei center separately, then it uses the
106 marker-based watershed to generate the segmentation result. Cellpose and StarDist are originally
107 designed for 2D data, but they both make 3D extensions based on assumptions of 3D cell shape. The
108 Cellpose 3D extension is still trained on 2D data, but it does 2D segmentation for xy plane, xz plane,
109 and yz plane separately first, and then thresholds the average cell probability from 3 directions to
110 reconstruct the 3D segmentation result. StarDist 3D extension estimates both cell probability and
111 radial distance to the boundary for each pixel, then reconstructs the 3D segmentation result.

112 **3 NIS3D**

113 NIS3D collects 6 large volume embryonic nuclei images from the three most widely used species in
114 the field with over 22,000+ manually annotated cells. In this section, we will give the details of data
115 collection, annotation, and recommended evaluation metrics. Additional information can be found in
116 the supplementary.

117 **3.1 Data Collection**

118 **Zebrafish 1 (in-house dataset)** Transgenic zebrafish embryos with fluorescent nuclei marker
119 *Tg(bactin2:H2BmCherry)*, inside their chorions, were embedded in 1% low melting point agarose
120 prepared in E3 medium, enclosed by glass capillary before extruded into the imaging chamber. Images
121 were acquired with Zeiss LightSheet 7 Microscopy, with 20x/N.A. 1.0 detection objective (additional
122 optical zoom factor 0.55x) and dual-side 10x/N.A. 0.3 illumination objectives. Fluorescence was
123 activated by 561nm laser and detected with LP585 filter. Time-lapse imaging was performed at
124 2-minute interval from 4 to 20 hours post fertilization. Within each time interval, four 3D volumes
125 were acquired with 90-degree rotation in between to achieve full-embryo multiview coverage. The
126 z-stack was set to have the voxel size of 0.43 μm x 0.43 μm x 2.5 μm , so that each cell nuclei is
127 sectioned by at least 3 planes. We picked a time point in the middle of this time-lapse data. The
128 nuclei in this data don't have strong texture and the nuclei shapes are consistent, but the data suffers
129 from low SNR, especially in the first 40 z-slices. The voxel size is 0.43 μm x 0.43 μm x 2.5 μm .

130 **Zebrafish 2** The data are the first time-point of embryo 3 in the public dataset [7]. Zebrafish 2
131 recorded the tailbud of a zebrafish in a late stage of embryo development. There is a significant amount
132 of blurring within more anterior portions of the tail, which is hard even for human to distinguish the
133 boundary and we use the undefined mask to mask it out. This data have very high cell density and
134 small cell size. The voxel size is 1 μm x 1 μm x 1 μm .

135 **Drosophila (fruit fly) 1&2** The two drosophila images are selected from [10]. Drosophila images
136 are picked at time-point 20 and 50 of the brachyenteron (byn) gene reporter data. The data are
137 for early Drosophila embryogenesis and the cells are large and relatively sparse. This data shows
138 complicated textures within cells and bright background noise. The voxel size is 1 μm x 1 μm x 1 μm .

139 **Mus musculus (mouse) 1&2** The *Mus musculus* data are selected from [9]. The image is picked
140 at the time-point 150 and 200 of embryo 4. It was recorded during relatively late *Mus musculus*
141 embryogenesis. The center of this image is very blurry, and we use an undefined mask to mask it.

142 This data shows various cell shapes and strong textures within cells. The voxel size is 1 μm x 1 μm x
143 1 μm .

144 3.2 Data annotation

145 The workflow consists of three steps: independent annotation, label fusion, and manual reviewing.

146 **Independent annotation** We first train our annotators on how to distinguish the nuclei, noise,
147 background, texture within cells, and the gap between cells for nuclei images. Then we train the
148 annotator how to use PrinCut, the semi-automatic annotation tool we developed for this project.
149 PrinCut can automatically generate a suggestive boundary for the user-identified cell at the surface
150 with continuous positive principal curvature. The suggestive boundary is sensitive to the weak
151 intensity changes that humans may ignore, which can reduce human bias in low-quality regions.
152 However, principal curvature can also be over-sensitive to cell texture and insensitive to the shape
153 of cells. We request the annotators to merge and split the suggestive boundaries or manually draw
154 the boundary by brush until the boundaries meet the annotator's expectations. For the region that
155 annotators do believe there are cells but cannot identify the boundaries due to image quality, annotators
156 will label it as an undefined mask. By the end of this step, we get three sets of independent labels for
157 each image.

158 **Label fusion** We first match the labels from different annotators, as shown in Figure 4. We consider
159 labels from three annotators as matched if they have an intersection over union (IoU) greater than
160 0.5 between each other. For labels that meet these criteria, we consider them to be associated with
161 the same ground truth, and we calculate the boundary of this ground truth label based on the three
162 matched labels (more details in supplementary). The same approach is applied to find all ground
163 truths and their corresponding labels. If the ground truth is associated with x labels from different
164 annotators, its confidence score is $x/3$. About 1.76% of labels belong to conflict labels, which usually
165 means the regions in those labels are very confusing. Those labels will be further manually reviewed.

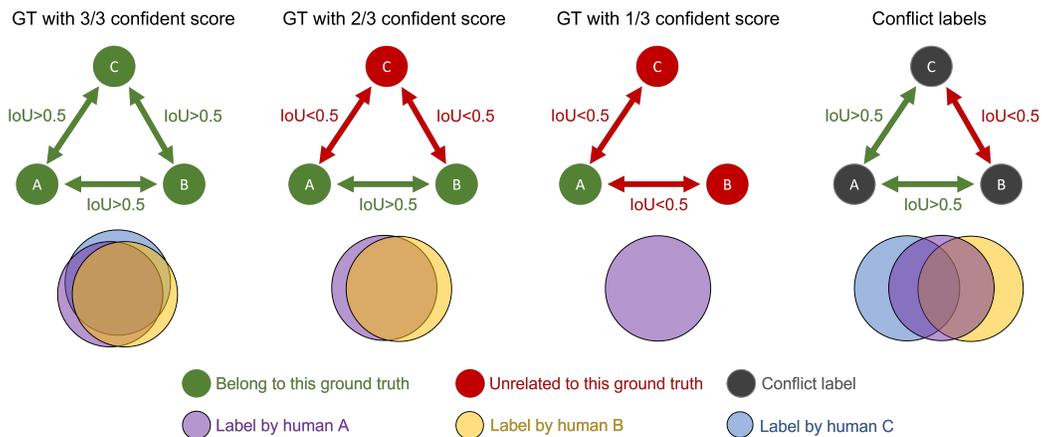


Figure 4: The top row shows criteria for determining the labels belonging to the same ground truth, while the bottom row shows an example for this case. The three circles represent the three labels from different annotators and we will calculate the Intersection over Union (IoU) between them. "IoU<0.5" generally means that two labels belong to different ground truths. "IoU>0.5" generally means that two labels belong to the same ground truth. The green circles in the top row represent the labels belonging to the ground truth while the red circles represent the label unrelated to this ground truth. For example, annotator A and annotator B created annotation for 2/3 confidence score ground truth while annotator C didn't create any annotation for this ground truth, and the confidence score of this ground truth is 2/3.

Table 2: Confidence score distribution.

Data \ Score	1/3	2/3	3/3
Zebrafish 1	529	1762	10423
Zebrafish 2	1668	1745	2224
Drosophila 1	13	85	1596
Drosophila 2	1	1	488
Mus Musculus 1	N/A	369	1191
Mus Musculus 2	N/A	395	660

166 By the end of this step, we get a set of ground truth labels with different confidence scores and a
 167 group of conflict labels for each image.

168 **Manual reviewing** For the conflict label with bad image quality, the label will be manually set
 169 as an undefined mask, otherwise, we pick the best candidate label as the ground truth label and set
 170 the confidence score as 1/3. For low-quality data, extra undefined masks are also drawn on specific
 171 low-quality regions. The Mus Musculus images have strong textures within cells, we manually set
 172 all ground truth with 1/3 confidence score to uncertain labels. Table 2 shows the distribution of the
 173 confidence score as a reference of human annotation variation.

174 3.3 Evaluation metrics

175 Choosing the correct metric that adequately reflects the biological nature is important but usually
 176 neglected [29]. The existing metric of the cell tracking challenge and the 2018 Data Science Bowl
 177 give results that are inconsistent with human intuition, thereby affecting the evaluation process. To
 178 address these issues, we have reformulated the evaluation metric to align more closely with our
 179 specific objectives. For instance, a high W-F1 score coupled with a low W-SEG score now indicates
 180 successful cell detection while indicating room for boundary enhancement. Similarly, a high W-IoU
 181 score combined with a low W-SEG score signifies accurate foreground detection, while highlighting
 182 potential over-segmentation or under-segmentation concerns.

183 **Preprocessing and truth positive criteria** To initiate the process, we exclude detections where
 184 more than 50% of their pixels fall within the undefined mask. Then for a given detection D_i , we
 185 determine it matches with ground truth G_j if and only if both of the two following condition holds:

$$D_i = \arg \max_{D_k} \text{IoU}(D_k, G_j) \quad G_j = \arg \max_{G_k} \text{IoU}(D_i, G_k), \quad (1)$$

186 where D_k and G_k are all possible choices from detections and ground truth, and $\text{IoU}(A, B)$ is the
 187 intersection over the union between A and B .

188 **Weighted precision(W-Precision), recall(W-Recall), and F1(W-F1)** The weighted scores are
 189 based on the confidence score.

190 The weighted true positive (W-TP) and false negative (W-FN) are calculated as follows:

$$\text{W-TP} = \sum C_i T_i \quad \text{W-FN} = \sum C_i (1 - T_i), \quad (2)$$

191 where C_i is the confidence score of ground truth G_i and T_i is the detection flag of G_i . $T_i = 1$
 192 indicates if G_i is detected, otherwise $T_i = 0$.

193 The weighted precision (W-Precision), recall (W-Recall), and F1 (W-F1) are calculated as follows:

$$\text{W-Precision} = \frac{\text{W-TP}}{\text{W-TP} + \text{FP}} \quad \text{W-Recall} = \frac{\text{W-TP}}{\text{W-TP} + \text{W-FN}} \quad \text{W-F1} = \frac{2\text{W-TP}}{2\text{W-TP} + \text{FP} + \text{W-FN}} \quad (3)$$

194 **Weighted IoU** Weighted IoU (W-IoU) is used to show the accuracy of foreground of detection.

$$\text{W-IoU} = \frac{\sum_{i \in A \cap B} f(i)}{\sum_{i \in A} f(i) + \sum_{i \in B/A} 1} \quad (4)$$

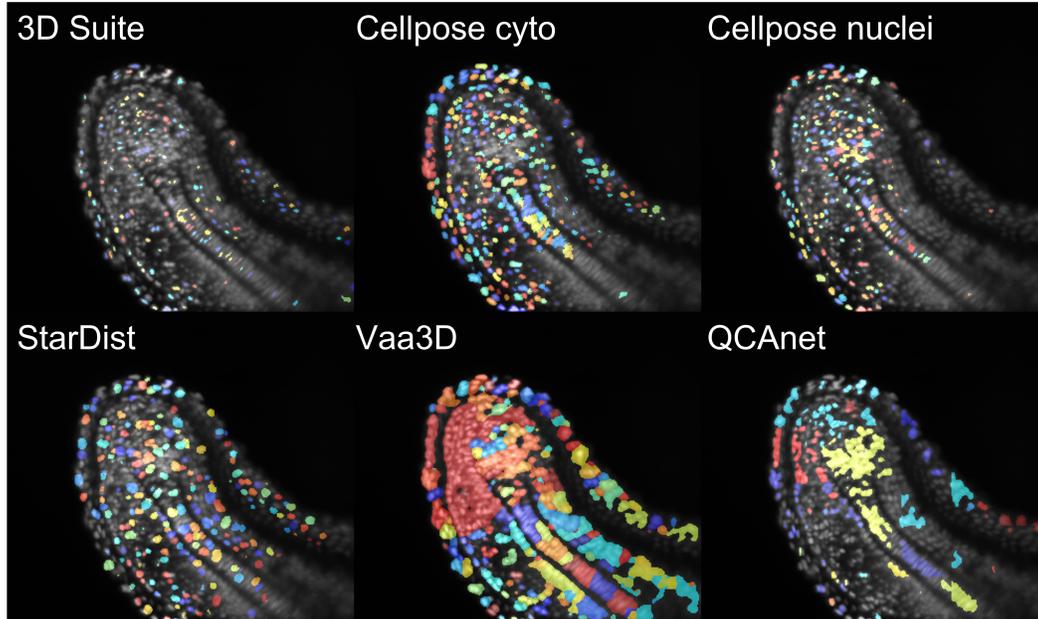


Figure 5: Examples of baseline methods results. The raw data and ground truth are from Zebrafish 2 and are also shown in Figure 1(C). The different colors represent different detection instances.

195 where A is the pixel belong to ground truth, B is the pixel belong to detection, and $f(i)$ is the
 196 confidence score of i -th pixel.

197 **Weighted SEG** Weighted SEG (W-SEG) score is used to show the average IoU score of all cells.

$$\text{W-SEG} = \frac{\sum C_i G_i}{\text{W-TP} + \text{W-FN} + \text{FP}}, \quad (5)$$

198 where G_i is the IoU score of the i -th ground truth.

199 4 Experiments

200 In this section, we test baseline methods on our benchmark dataset. The baseline methods we
 201 choose are: 3D Suite [27], Cellpose [11], StarDist [28], Vaa3D [25], and QCAnet [18]. The primary
 202 reason for selecting these particular methods over others is their capability to perform 3D instance
 203 segmentation and their relatively better performance, combined with the fact that the developers have
 204 provided software with a user-friendly interface accompanied by detailed instructions for usage. In
 205 this way, it is feasible for us to tune the methods on the data in NIS3D so that we can provide a fair
 206 performance analysis. In this section, we will present the experimental settings, evaluate the results,
 207 and discuss the limitation of baseline methods.

208 4.1 Experimental settings

209 All experiments are conducted on our workstation with NVIDIA V100 GPU and Intel Xeon Platinum
 210 8268 CPU in this work. We provide the correct cell size and resolution as parameters for all methods.
 211 3D suite includes multiple unsupervised methods, where we choose iterative thresholding due to its
 212 best performance. Cellpose also provides several models, and we choose "cyto" and "nuclei" for
 213 the same reason. In this section, the results of supervised methods are based on pre-trained models
 214 because some of them can only be trained on 2D data and it is unfair to train others. Other settings
 215 for each method are summarized in the supplementary.

216 **4.2 Benchmark result**

217 The experiment results of baseline methods are summarized in Table 3 and examples of the results
 218 are visualized in Figure 5. Evaluation metrics are introduced in Section 3.3. The IoU represents the
 219 intersection over the union between foreground and background to evaluate the binary segmentation
 220 performance, while SEG represents the average IoU treating every cell individually to evaluate the
 221 instance segmentation performance. When a method's SEG score is much lower than the IoU score,
 222 it generally means that this method has a lot of instance segmentation errors, such as under-segment
 223 multiple cells or over-segment one cell. 3D suite, an iterative threshold method, tends to only detect
 224 the bright region of cells and miss many dim cells. As a result, it usually gives high precision
 225 but low recall and SEG. The performance of Cellpose cyto varies from data, which can miss the
 226 majority of cells for some data and give a very low IoU score. Cellpose nuclei tend to over-segment

Table 3: The table of experiment result.

Data name	Method name	W-F1	W-Prec	W-Recall	W-IoU	W-SEG	Time (s)
Zebrafish 1	3D Suite	0.477	0.998	0.313	0.102	0.076	718
	Cellpose_cyto	0.098	0.769	0.053	0.013	0.007	1271
	Cellpose_nuclei	0.492	0.363	0.761	0.339	0.073	1303
	StarDist	0.586	0.770	0.473	0.263	0.192	1620
	Vaa3D	0.041	0.992	0.021	0.209	0.002	1200
	QCAnet	0.510	0.885	0.359	0.276	0.158	8070
	Human	0.967	0.971	0.963	0.927	0.905	N/A
Zebrafish 2	3D Suite	0.462	0.985	0.302	0.110	0.066	180
	Cellpose_cyto	0.661	0.949	0.507	0.492	0.237	740
	Cellpose_nuclei	0.654	0.971	0.492	0.263	0.167	242
	StarDist	0.529	0.977	0.363	0.380	0.183	60
	Vaa3D	0.101	0.995	0.053	0.703	0.007	56
	QCAnet	0.031	0.849	0.016	0.446	0.003	496
	Human	0.880	0.915	0.848	0.805	0.610	N/A
Drosophila 1	3D Suite	0.879	0.859	0.900	0.265	0.207	362
	Cellpose_cyto	0.550	0.397	0.894	0.815	0.257	320
	Cellpose_nuclei	0.607	0.457	0.903	0.421	0.151	215
	StarDist	0.924	0.881	0.972	0.691	0.586	480
	Vaa3D	0.260	0.988	0.149	0.671	0.025	278
	QCAnet	0.275	0.585	0.180	0.595	0.051	2334
	Human	0.997	0.995	0.998	0.915	0.906	N/A
Drosophila 2	3D Suite	0.877	0.785	0.993	0.339	0.273	420
	Cellpose_cyto	0.092	0.048	0.982	0.606	0.028	478
	Cellpose_nuclei	0.278	0.162	0.990	0.413	0.057	236
	StarDist	0.684	0.526	0.979	0.563	0.325	245
	Vaa3D	0.446	0.651	0.339	0.428	0.094	307
	QCAnet	0.402	0.685	0.284	0.399	0.133	2790
	Human	0.996	0.992	0.999	0.909	0.903	N/A
Mus Musculus 1	3D Suite	0.463	0.824	0.322	0.175	0.102	600
	Cellpose_cyto	0.536	0.509	0.566	0.339	0.142	602
	Cellpose_nuclei	0.356	0.240	0.688	0.37	0.056	570
	StarDist	0.594	0.789	0.476	0.256	0.191	480
	Vaa3D	0.207	1.000	0.116	0.515	0.018	780
	QCAnet	0.454	0.726	0.330	0.451	0.127	4133
	Human	0.981	0.975	0.988	0.973	0.897	N/A
Mus Musculus 2	3d Suite	0.667	0.841	0.553	0.127	0.090	92
	Cellpose_cyto	0.371	0.412	0.338	0.099	0.045	188
	Cellpose_nuclei	0.378	0.285	0.561	0.235	0.054	264
	StarDist	0.540	0.549	0.531	0.311	0.158	221
	Vaa3D	0.270	0.967	0.157	0.510	0.032	147
	QCAnet	0.298	0.689	0.190	0.391	0.067	1472
	Human	0.959	0.967	0.950	0.887	0.809	N/A

227 and give very low precision. StarDist has the overall best performance since it has relatively fewer
228 overall under-segment or over-segment issues. However, StarDist still gives a considerable amount
229 of false positives and false negatives. Vaa3D can usually detect the foreground well but tends to
230 under-segment cells, which leads to high precision and IoU but low recall and SEG scores. QCAnet
231 tends to under-segment and gives low recall as well. For some data, QCAnet may detect a large region
232 full of noise. The human-level performance is also evaluated and provided. For human performance,
233 the SEG score of Zebrafish 2 is lower than other data because of their smaller cell size.

234 5 Conclusion & Discussion

235 NIS3D presents a 3D, high cell density, large-volume, and completely annotated Nuclei Image
236 Segmentation benchmark with over 22,000+ cells from commonly studied species in the field. To the
237 best of our knowledge, NIS3D is the first benchmark to provide a publicly available 3D nuclei image
238 annotation of this scale and offers method developers a valuable opportunity to comprehensively
239 evaluate their techniques, establishing an essential foundation for further method development. For
240 supervised models, We also provide two suggestive training/test split settings, one is an in-image
241 split setting and one is a cross-image split setting. For the in-image split, we use 50% of the image as
242 the training set and the other 50% as the test set. For cross-image split, we use 3 full images as the
243 training set and the rest as the test set. check the supplementary for more details about the supervised
244 learning result and suggestive splitting.

245 It is worth noting that existing segmentation methods are partially limited by their reliance on
246 natural image segmentation principles and place the primary focus on predicting cell foregrounds.
247 Consequently, these methods often suffer from both over-segmentation and under-segmentation
248 issues when objects are densely packed. Considering the fact that these issues are highly related to
249 cell boundary detection and cell boundaries are relatively easier to be detected in nuclei data, we
250 suggest that future method developers not only estimate the probability of cells for each pixel but
251 also estimate the probability of cell boundaries.

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