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# IR-CM: The Fast and General-purpose Image Restoration Method Based on Consistency Model

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## Abstract

This paper proposes a fast and general-purpose image restoration method. The key idea is to achieve few-step or even one-step inference by conducting consistency distilling or training on a specific mean-reverting stochastic differential equations. Furthermore, based on this, we propose a novel linear-nonlinear decoupling training strategy, significantly enhancing training effectiveness and surpassing consistency distillation on inference performance. This allows our method to be independent of any pre-trained checkpoint, enabling it to serve as an effective standalone image-to-image transformation model. Finally, to avoid trivial solutions and stabilize model training, we introduce a simple origin-guided loss. To validate the effectiveness of our proposed method, we conducted experiments on tasks including image deraining, denoising, deblurring, and low-light image enhancement. The experiments show that our method achieves highly competitive results with only one-step inference. And with just two-step inference, it can achieve state-of-the-art performance in low-light image enhancement. Furthermore, a number of ablation experiments demonstrate the effectiveness of the proposed training strategy. our code is available at <https://github.com/XiaoxuanGong/IR-CM>.

## 1 Introduction

Image restoration is a classic problem in the field of computer vision. It aims to transform low-quality or noisy images into their corresponding high-quality or noise-free counterparts. In many industrial applications (such as autonomous driving), there are various complex types of image degradation, including rain and fog interference, glare interference, low-light conditions, and motion blur etc. This necessitates high generality in image restoration algorithms. Moreover, there is often a high demand for real-time performance in practical application scenarios, posing even greater challenges to the design of algorithms and models.

Common image restoration tasks include image deraining[1, 2, 3, 4, 5, 6], denoising[7, 8, 9, 10, 11], and deblurring[12, 13, 14, 15] etc. Due to the demands of industrial applications, research on low-light image enhancement[16, 17, 18, 19, 20, 21] is also gradually increasing. However, these methods are often heuristic and difficult to apply to general tasks because they typically require domain-specific prior knowledge for training. A more general approach is the recently proposed IR-SDE[22], which

does not rely on any prior knowledge. It only requires pairs of high-quality(HQ)/low-quality(LQ) images for training and achieves good results across multiple image restoration tasks. However, like most diffusion-based methods, it requires multi-step sampling for inference, making it difficult to meet the real-time requirements of practical applications.

In recent years, diffusion models have achieved remarkable results in both unconditional image generation[23, 24, 25, 26] and conditional image generation tasks[27, 28, 20, 29, 22, 30, 21, 31, 32]. In a more general description, diffusion models can be described using stochastic differential equations (SDEs)[33, 34]. It achieves this by converting the original data distribution into a fixed Gaussian distribution, then learning the corresponding distribution gradients (score) through a network, and finally gradually reconstructing the original image using SDE solvers or ODE solvers. Most SDE-based methods can generate high-quality samples, however they often require many steps of sampling to accomplish this. Despite the existence of many methods for accelerating sampling[25, 35, 36], it remains challenging to meet the real-time requirements in industrial applications. Recently, the consistency model[37] has been proposed. It aims to map any point on the ODE trajectory of the SDE-based model to its origin. Once trained, the model can achieve one-step inference with some decrease in model performance. The training of consistency models is divided into two approaches: consistency distillation(CD) and consistency training(CT). The former involves distilling training based on the ODE trajectories of a pre-trained SDE model. The latter, while not requiring a pre-trained SDE model and can be considered as an independent generative model, typically exhibits lower performance compared to the former[37]. This means that training consistency models often rely on pre-trained models, which inevitably leads to performance degradation.

The purpose of this paper is to design a universal image restoration model with fast inference. The proposed model, named IR-CM (*Image Restoration Consistency Model*), achieves one-step or few-step fast inference through consistency model training. Due to its versatility and flexibility in different image transformation tasks, the IR-SDE serves as the foundation for our method. IR-CM can be trained using consistency distillation (CD) on a pre-trained model, but at the cost of a slight decrease in performance. Therefore, we focus more on consistency training (CT), enabling IR-CM to become an independent image restoration model without relying on any pre-trained checkpoint. Furthermore, to improve the effectiveness of CT, we propose a novel linear-nonlinear decoupling training strategy and a novel origin-estimated consistency function, these allows the model's performance to reach or even surpass that of the original model. Finally, we propose a simple origin-guided loss to stabilize the training process. In summary, the main contributions of our method are as follows:

- We propose a universal and fast image restoration method that can obtain high-quality images with one step or few-step sampling. For different tasks, training only requires dataset replacement, without the need for any additional prior knowledge.
- We have introduced a novel linear-nonlinear decoupling training strategy, enabling our method to achieve even surpass the performance of the original model without relying on any pre-trained checkpoint.
- We propose a novel origin-estimated consistency function, which enables our model to have a more stable initial state and a smaller solution space, and a simple origin-guided loss to stabilize the training process. This makes our method more robust. The ablative experiments demonstrated its effectiveness.
- Our method achieves highly competitive performance in multiple tasks (including image deraining, denoising, deblurring, and low-light image enhancement) with one-step inference. With two-step inference, our method achieves state-of-the-art performance in low-light image enhancement task.

## 2 Preliminaries

### 2.1 Mean-reverting stochastic differential equation

Our method requires a SDE-based model as the base model for consistency training. Specifically, we choose IR-SDE[22] as the base SDE model due to its excellent generality and applicability. Its forward process involves gradually transforming high-quality images into corresponding low-quality versions with fixed-variance Gaussian noise. It can be represented as follows:

$$dx = \theta_t(\mu - x)dt + \sigma_t dw, \quad (1)$$

where  $\mu \in \mathbb{R}^d$  typically represents the low-quality image, and  $x(0) \in \mathbb{R}^d$  represents its corresponding high-quality version,  $\theta_t, \sigma_t$  are time-dependent positive parameters, and they satisfy  $\sigma_t^2/\theta_t = 2\lambda^2$  for all times  $t$  with positive constant  $\lambda$ , and  $dw$  represents Brownian motion. In [22], it has been proven that at each time  $t$ , the marginal probability distribution of  $x$  can be represented as follows:

$$\begin{aligned} p_t(x) &= \mathcal{N}(x(t) \mid m_t, v_t), \\ m_t &:= \mu + (x(0) - \mu)e^{-\bar{\theta}_t}, \\ v_t &:= \lambda^2(1 - e^{-2\bar{\theta}_t}), \end{aligned} \quad (2)$$

where  $\bar{\theta}_t = \int_0^t \theta_k dk$ . As  $t$  increases gradually,  $m_t$  approaches  $\mu$  and  $v_t$  approaches  $\lambda^2$ . Thus,  $x(0)$  (the high-quality image) will gradually transform into its corresponding low-quality version  $\mu$  accompanied by Gaussian noise with variance  $\lambda^2$ .

With the above conclusion, we can naturally sample  $x(t)$  by  $x(t) = m_t + \sqrt{v_t}\epsilon_t$ . Then we can train a network to estimate the noise  $\epsilon_t$ . In the inference phase, the reverse-time process of the IR-SDE can be represented as follows[34]:

$$\begin{aligned} dx &= \left[ \theta_t(\mu - x) - \frac{1}{2}\sigma_t^2 \nabla_x \log p_t(x) \right] dt, \\ \nabla_x \log p_t(x) &= - \frac{x(t) - m_t}{v_t} \\ &= - \frac{\hat{\epsilon}(x, \mu, t)}{\sqrt{v_t}}, \end{aligned} \quad (3)$$

where  $\nabla_x \log p_t(x)$  is called score function and  $\hat{\epsilon}(x, \mu, t)$  is the noise estimated by network. Then, similar to other SDE-based models, we can adopt a SDE-solver (or ODE-solver) to reverse the process to restore the low-quality image  $x(t)$  back to the high-quality version  $x(0)$  progressively.

## 2.2 Consistency model

For a solution trajectory  $\{x_t\}_{t \in [\eta, T]}$  of any PF-ODE such as (3), a consistency function can be defined as  $f(x_t, t) \equiv x_\eta$ , where  $\eta$  is a small positive number. This means that when sampling any pair  $(x_t, t)$  on the trajectory of the PF-ODE, the output of the consistency function is always the initial point  $x_\eta$  of the trajectory. This property is referred to as self-consistency[37]. The example of the consistency function in [37] is as follows:

$$f_\phi(x_t, t) = c_{skip}(t)x_t + c_{out}(t)F_\phi(x_t, t), \quad (4)$$

where  $c_{skip}(t), c_{out}(t)$  are differentiable functions, and they satisfy  $c_{skip}(\eta) = 1, c_{out}(\eta) = 0$ ,  $F_\phi(x_t, t)$  is a trainable network initialized by a pre-trained noise estimation model. Once training is complete, we only need to input  $x_T$  and apply  $f_\phi(x_T, T) = x_\eta$  to obtain high-quality sample in one step. There are two training methods for consistency models:

**Consistency Distillation (CD)** For a discrete time sequence  $t_1 = \eta < t_2 < \dots < t_N = T$ , given an arbitrary point  $(x_{t_{n+1}}, t_{n+1})$  on PF-ODE trajectory, we can estimate the  $x_{t_n}$  by following formula:

$$\hat{x}_{t_n}^\varphi = x_{t_{n+1}} + (t_n - t_{n+1})\Phi(x_{t_{n+1}}, t_{n+1}; \varphi), \quad (5)$$

where  $\Phi(\cdot)$  represents the update function of a one step ODE solver applied to the PF-ODE, and  $\varphi$  is the weights of a pre-trained score matching network. Then the CD loss can represent as follow:

$$\mathcal{L}_{CD}(\phi, \phi^-; \varphi) := \mathbb{E} [\lambda(t_n)d(f_\phi(x_{t_{n+1}}, t_{n+1}), f_{\phi^-}(\hat{x}_{t_n}^\varphi, t_n))], \quad (6)$$

where  $\phi^-$  represents the exponential moving average (EMA) version of training weights  $\phi$ , it is frozen during backward, and  $\lambda(\cdot)$  is a positive weighting function,  $d(\cdot)$  denotes a distance function, such as the L1 or L2 distance. This approach essentially involves distillation training on the pre-trained score matching network, hence referred to as consistency distillation.

**Consistency Training (CT)** Unlike CD, the CT does not rely on a pre-trained score matching network and can independently train any SDE-based model. The CT loss is represented as follow:

$$\mathcal{L}_{CT}(\phi, \phi^-) := \mathbb{E} [\lambda(t_n)d(f_\phi(x_{t_{n+1}}, t_{n+1}), f_{\phi^-}(x_{t_n}, t_n))], \quad (7)$$

Here  $x_{t_n}$  and  $x_{t_{n+1}}$  are both sampled from the forward process of SDE model.

### 3 Method

The key idea of our method lies in employing our proposed two-stage training strategy and the origin-estimated consistency function to conduct consistency training on the IR-SDE model. We thus refer to it as an *Image Restoration Consistency Model* (IR-CM). We begin by describing the novel origin-estimated consistency function, followed by an explanation of the proposed two-stage training strategy and the origin-guided loss. The overall architecture is depicted in Fig 1.

#### 3.1 Origin-estimated consistency function

For any SDE-based model, each step of the reverse process is essentially a prediction of the PF-ODE solution [34]. In other words, any point on the PF-ODE trajectory actually contains information about the origin. Based on this, according to equations (2) and (3), the origin prediction function at each point on the PF-ODE trajectory of the IR-SDE is as follows:

$$\hat{x}(0) = \mu(1 - e^{\bar{\theta}_t}) + e^{\bar{\theta}_t} [x(t) - \sqrt{v_t} \hat{\epsilon}_\phi(x, \mu, t)]. \quad (8)$$

During the consistency training phase (both for CD and CT), differ from the formula (4) proposed in [37], we train using the following origin-estimated consistency function (OECF):

$$f_\phi(x_t, t) = c_{skip}(t)x(t) + c_{out}(t)\hat{x}_0(x, t; \phi), \quad (9)$$

where the  $\hat{x}_0(x, t; \phi)$  is obtained by (8). Suppose the pre-trained score model matches the ground truth, i.e.,  $\forall t \in [\eta, T] : \hat{\epsilon}_\phi(x, \mu, t) = \epsilon(t) + o(\Delta t)$  and  $c_{skip}(T) = 0, c_{out}(T) = 1$ . For formulas (4) and (9),  $c_{skip}(t), x(t)$ , and  $c_{out}(t)$  are all same and constant at each time  $t$ . Thus, for simplicity in analysis, we specifically consider the moment  $t = T$ . Then substituting equation (2) into equations (4) and (9) respectively, we obtain:

$$f_\phi(x_T, T) = x(0) + \frac{x(T) - m_T - \sqrt{v_T}x(0)}{\sqrt{v_T}} + o(\Delta t), \quad (10)$$

$$f_{\phi OECF}(x_T, T) = x(0) - e^{\bar{\theta}_T} v_T o(\Delta t). \quad (11)$$

From equation (10), it can be observed that if equation (4) is chosen as the consistency function, the initial solution will have a significant fixed error. In contrast, using the OECF, the initial solution will only have a time-dependent higher-order infinitesimal error. Therefore, for a pre-trained score matching model, the OECF offers a more stable initial state and hence a smaller solution space for all time  $t$ .

Intuitively, OECF can effectively enhance the training performance of CD. In practice, we have found that for CT, OECF also exhibits significant performance improvements compared to equation (4). The relevant ablative experiment results will be presented in Chapter 4. Note that, unlike CD, the pre-trained model in CT is only used to initialize the training weights and is not involved in any training process. In practice, training with randomly initialized weights is also feasible, albeit usually resulting in slightly longer convergence times.

#### 3.2 Origin-guided loss

In general training, we randomly sample  $(x_t, t)$  and  $(x_{t+1}, t+1)$  using equation (2), and then simply apply (6) for CD or (7) for CT, as illustrated in the lower half of Figure 1. However, we have empirically found that its performance is not ideal, and occasionally, pattern collapse occurs. Upon further analysis, we discovered that this often occurs when  $t$  is not sufficiently small during the random sampling in the early stages of training. This also leads to the emergence of mediocre solutions. Below we provide a simple theoretical proof.

**Theorem 1.** Let  $c_{out}(t)$  be monotonic differentiable and satisfy  $c_{out}(\eta) = 0, c_{out}(T) = 1$ , consider (9) as consistency function. When  $t > \eta$ , for any  $y \in \mathbb{R}^d$ , there always exists a  $\hat{\epsilon}_\phi(x_t, \mu, t)$  such that  $f_\phi(x_t, t) = y$ .

*Proof.* Recall (9), there is

$$y = c_{skip}(t)x(t) + c_{out}(t)\hat{x}_0(x, t; \phi), \quad (12)$$

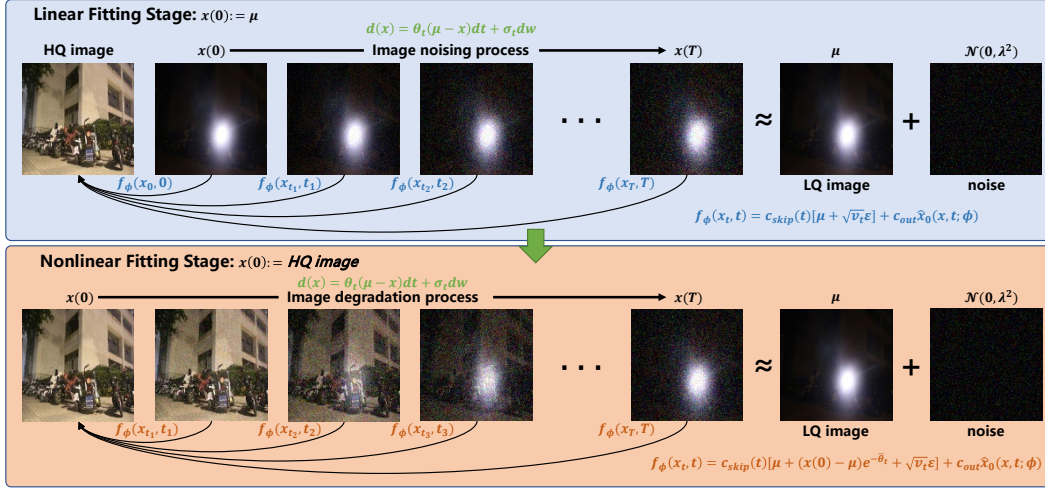


Figure 1: Two-stage training strategy, where  $\mu$  is set as the low-quality image to be restored. In Stage One, by setting  $x(0) = \mu$ , the forward SDE (1) actually degrades into a simple noise addition process, upon which consistency training is conducted on  $x(t)$  with different levels of noise. In Stage Two,  $x(0)$  is set as the high-quality image and gradually transformed into the corresponding low-quality image with a fixed level of noise by (1). Consistency training is then performed on each intermediate state  $x(t)$ .

then substitute (8) into (12), we obtain:

$$\hat{\epsilon}_\phi(x_t, \mu, t) = e^{-\hat{\theta}_t} \frac{y - c_{skip}(t)x(t)}{c_{out}(t)v_t} + \frac{\mu}{v_t} (e^{-\hat{\theta}_t} - 1) + \frac{x(t)}{v_t}, \quad (13)$$

Note that when  $t > \eta$ , both  $v_t$  and  $\hat{\theta}_t$  are greater than 0, so the right-hand side of equation (13) is non-singular. This implies that under loss functions (6) and (7), the consistency function admits arbitrary non-singular solutions, leading to pattern collapse. In other hand, (6) and (7) only emphasize the self-consistency between any two points on the PF-ODE trajectory, leading to a lack of determinism in the training process. This uncertainty indirectly contributes to slower convergence of the model.

To address this issue, we additionally introduce the following origin-guided(OG) loss to stabilize the training process.

$$\mathcal{L}_{OG} = \mathbb{E} [\|f_\phi(x_{t+1}, t+1) - x(0)\|_1] + \lambda_{perc} \mathbb{E} [\|\Phi(f_\phi(x_{t+1}, t+1)) - \Phi(x(0))\|^2], \quad (14)$$

where  $\lambda_{perc}$  is a positive constant, and  $\Phi(\cdot)$  represents a VGG16[38] feature extractor from 2nd and 5th pooling layers. This is equivalent to performing a consistency computation with the origin after each random sampling, hence referred to as the origin-guided loss. This effectively avoids the emergence of mediocre solutions and adds some certain determinism to the training process, resulting in faster convergence. Then the final loss function is represented as follows:

$$\mathcal{L}_{full} = \mathcal{L}_{CD/CT} + \lambda_{OG} \mathcal{L}_{OG}, \quad (15)$$

where  $\lambda_{OG}$  is a positive constant. The selection of  $\lambda_{OG}$  will be discussed in the ablation experiment section of Chapter 4.

### 3.3 Linear-nonlinear decoupling training strategy

With the foundation laid in Sections 3.1 and 3.2, we can naturally train IR-CM by a regular CD or CT process, as illustrated in the lower half of Figure 1. Despite this method offers convenience in training IR-CM, we have empirically found that its performance is not optimal in practice. Let us recall the SDE (2) and OECF (9), we obtain:

$$f_\phi(x_t, t) = \underbrace{c_{skip}(t)\mu}_{\text{linear state } f_1} + \underbrace{c_{skip}(t) \left[ (x(0) - \mu)e^{-\bar{\theta}_t} \right]}_{\text{nonlinear intermediate state } f_2} + \underbrace{c_{skip}(t)\sqrt{v_t}\epsilon + c_{out}(t)\hat{x}_0(x, t; \phi)}_{\text{noise } f_3}. \quad (16)$$

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**Algorithm 1:** Linear-fitting stage

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**Input** dataset  $\mathcal{D}$ , model parameter  $\phi$ , OECF  $f_\phi(\cdot, \cdot)$ , learning rate  $\xi$ , OG Weight  $\lambda_{OG}$ ;  
 $\phi^- \leftarrow \phi$ ;  
**while** not convergence **do**  
    Sample  $(x_{LQ}, y_{HQ}) \sim \mathcal{D}$  and  
         $n \sim \mathcal{U}[1, N-1]$ ;  
     $\mu \leftarrow x_{LQ}$ ,  $x(0) \leftarrow x_{LQ}$ ;  
    Sample  $x_{t_n} \sim \mathcal{N}(m_{t_n}, v_{t_n})$  and  
         $x_{t_{n+1}} \sim \mathcal{N}(m_{t_{n+1}}, v_{t_{n+1}})$ ;  
     $\mathcal{L}_{full}(\phi, \phi^-) \leftarrow$   
         $\mathcal{L}_{CT}(f_\phi(x_{t_n}, t_n), f_\phi(x_{t_{n+1}}, t_{n+1})) +$   
         $\lambda_{OG} \mathcal{L}_{OG}(f_\phi(x_{t_{n+1}}, t_{n+1}), y_{HQ})$ ;  
     $\phi \leftarrow \phi - \xi \nabla \mathcal{L}_{full}(\phi, \phi^-)$   
     $\phi \leftarrow \text{stopgrad}(\phi)$   
**end**

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**Algorithm 2:** NonLinear-fitting stage

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**Input** dataset  $\mathcal{D}$ , model parameter  $\phi$ , OECF  $f_\phi(\cdot, \cdot)$ , learning rate  $\xi$ , OG Weight  $\lambda_{OG}$ ;  
 $\phi^- \leftarrow \phi$ ;  
**while** not convergence **do**  
    Sample  $(x_{LQ}, y_{HQ}) \sim \mathcal{D}$  and  
         $n \sim \mathcal{U}[1, N-1]$ ;  
     $\mu \leftarrow x_{LQ}$ ,  $x(0) \leftarrow y_{HQ}$ ;  
    Sample  $x_{t_n} \sim \mathcal{N}(m_{t_n}, v_{t_n})$  and  
         $x_{t_{n+1}} \sim \mathcal{N}(m_{t_{n+1}}, v_{t_{n+1}})$ ;  
     $\mathcal{L}_{full}(\phi, \phi^-) \leftarrow$   
         $\mathcal{L}_{CT}(f_\phi(x_{t_n}, t_n), f_\phi(x_{t_{n+1}}, t_{n+1})) +$   
         $\lambda_{OG} \mathcal{L}_{OG}(f_\phi(x_{t_{n+1}}, t_{n+1}), x(0))$ ;  
     $\phi \leftarrow \phi - \xi \nabla \mathcal{L}_{full}(\phi, \phi^-)$   
     $\phi \leftarrow \text{stopgrad}(\phi)$   
**end**

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In general training, the model attempts to simultaneously fit the variations of both linear part  $f_1$  and nonlinear part  $f_2$ . Obviously, this is more challenging than fitting  $f_1$  alone. In practice, the model's performance at larger values of  $t$  is more crucial during training, because any intermediate state for  $x(t)$ ,  $\forall t \in [\eta, T)$  are unknown during inference, thus we can only set  $t = T$  for inference. And note that there is  $\lim_{t \rightarrow T} f_2 \approx 0$ , therefore, the influence of  $f_2$  is negligible when  $t = T$ . Based on the analysis above, we can then eliminate  $f_2$  for all  $t$  by simply setting  $x(0)$  as  $\mu$ . By doing so, the original image degradation process is transformed into a purely image noising process (as shown in the upper half of Figure 1). Since only the linear part  $f_1$  and noise  $f_3$  are being fitted, the model will achieve better performance over the entire PF-ODE trajectory, leading to improved inference performance as well. We refer to this training as the linear-fitting stage and the corresponding pseudocode is shown in Algorithm 1.

Despite the Linear-fitting stage achieves good performance for one-step inference after training, we can still further improve the performance by employing appropriate multi-step sampling. However, the model trained in the Linear-fitting stage cannot perform multi-step sampling inference because the outputted HQ image is not the origin  $x(0) = \mu$  of PF-ODE trajectory, making it unable to estimate any intermediate states  $x_t$  after one inference. Therefore, after the Linear-fitting stage, we set  $x(0)$  to be the HQ image instead of  $\mu$  and fine-tune the model (Algorithm 2). Since in the previous stage, the model has already fitted  $f_1$  and  $f_3$ , this stage mainly focuses on fitting the non-linear part  $f_2$ . Therefore, this stage is naturally referred to as the non-Linear-fitting stage. After training in the non-linear stage, the model's performance at  $t = T$  is almost unchanged, meaning there is no change in the performance of one-step inference. But the model will be able to perform multi-step sampling inference (Algorithm 3 in appendix C). In practice, even just two-step sampling inference brings a noticeable performance improvement. Relevant comparative experiments and ablative experiments will be presented in Chapter 4.

## 4 Experiments

### 4.1 Comparative Experiment

In this section, we will validate the effectiveness of our proposed method on five tasks: image de-raining, image denoising, image deblurring, low-light image enhancement, and nighttime glare removal. The implementation details are described in Appendix A. Specifically, we will compare our method with some of the state-of-the-art methods on PSNR, SSIM[39], LPIPS[40] metrics and NFE. The NFE (Number of Function Evaluations) refers to the number of function evaluations required to generate an image or data. In other words, it is the number of evaluations needed at each step of the diffusion process. Notably, like other SDE-based models, we prioritize perceptual scores LPIPS over distortion scores PSNR and SSIM. And our metric settings are same as other mentioned baseline methods. For PSNR metric, we perform the calculation in the luminance space (Y channel). For SSIM metric, it refer to [39], and for LPIPS metric, it refer to [40]. All comparison experiments were



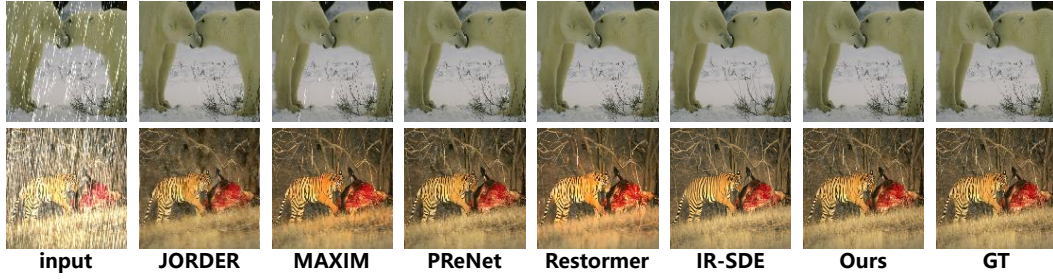


Figure 2: Qualitative comparison results on R100L dataset (upper row) and R100H dataset (bottom row). More visual results are available in appendix D.



Figure 3: Qualitative comparison results on Raindrop dataset.

Methods	Metrics			
Methods / Metrics	PSNR $\uparrow$	SSIM $\uparrow$	LPIPS $\downarrow$	NFE $\downarrow$
JORDER[3]	26.25	0.83	0.197	1
MAXIM[4]	30.81	0.90	0.133	1
PReNet[1]	29.46	0.90	0.128	6
Restormer[5]	31.46	0.90	0.086	1
IR-SDE[22]	<b>31.65</b>	0.90	0.047	100
CNN-baseline	29.12	0.88	0.153	1
IR-CM-CD (ours)	29.75	0.88	0.064	1
IR-CM-CT (ours)	30.47	0.92	0.016	1
IR-CM-CT (ours)	30.71	<b>0.92</b>	<b>0.015</b>	2

Table 1: Quantitative comparison results on R100H dataset. The optimal results are indicated by **bold underlining**.

Methods	Metrics			
Methods / Metrics	PSNR $\uparrow$	SSIM $\uparrow$	LPIPS $\downarrow$	NFE $\downarrow$
JORDER[3]	36.61	0.97	0.028	1
MAXIM[4]	38.06	0.98	0.048	1
PReNet[1]	37.48	0.98	0.020	6
Restormer[5]	<b>38.99</b>	0.98	0.013	1
IR-SDE[22]	38.30	0.98	0.014	100
CNN-baseline	33.17	0.96	0.068	1
IR-CM-CD (ours)	34.21	0.96	0.035	1
IR-CM-CT (ours)	36.18	0.98	0.009	1
IR-CM-CT (ours)	37.06	0.98	<b>0.005</b>	2

Table 2: Quantitative comparison results on R100L dataset. The optimal results are indicated by **bold underlining**.

conducted using the original resolution of each dataset (for ease of presentation, the image sizes were adjusted in Figures 2–5).

#### 4.1.1 Image deraining

We validate the effectiveness of the proposed IR-CM based on two datasets: R100L and R100H[41]. A total of 2000 images are used for training, while 200 images are reserved for testing. Our method is qualitatively and quantitatively compared with some of the state-of-the-art image deraining methods including IR-SDE[22], JORDER[3], Restormer[5], PReNet[1], and MAXIM[4]. The comparison results are shown in Table 1, Table 2 and Figure 2. More visual results are available in appendix D. To further validate the effectiveness of our method in real-world rainy scenarios, we conducted comparative experiments on the Raindrop[42] dataset containing 1119 pairs of real-world rainy/non-rainy images. The results are shown in Table 3 and Figure 3.

The IR-CM model we proposed surpasses the baseline IR-SDE model and achieves optimal performance on both SSIM and LPIPS metrics in scenarios of either one-step or two-step reasoning. Furthermore, the comparison results with the CNN-baseline demonstrate that our approach improves network performance while ensuring real-time capabilities. Note that our IR-CM is based on IR-SDE for CD or CT, thus IR-CM-CD represents consistency distillation based on pre-trained IR-SDE model as teacher model. And IR-CM-CT only initializes the model using pre-trained IR-SDE checkpoint of faster convergence and does not use any teacher model during the CT process. Of course, random

methods / metrics	PSNR↑	SSIM↑	LPIPS↓	NFE↓
MAXIM(2022)	31.87	0.935	0.079	1
Transweather(2021)	<b>34.55</b>	<b>0.950</b>	0.051	1
Refusion(2023)	32.61	0.938	0.048	100
IR-CM(1-step)(ours)	32.06	0.934	0.043	1
IR-CM(2-step)(ours)	32.89	0.936	<b>0.041</b>	2

Table 3: Quantitative comparison with some of image deraining methods on Raindrop dataset. The optimal results are indicated by **bold underlining**.

Methods	Metrics			
Methods / Metrics	PSNR↑	SSIM↑	LPIPS↓	NFE↓
DeepDeblur[43]	29.08	0.91	0.135	1
DBGAN[15]	31.18	0.92	0.112	1
DeblurGAN-v2[14]	29.55	0.93	0.117	1
MAXIM[4]	32.86	0.94	0.089	1
IR-SDE[22]	30.70	0.90	0.064	100
DiffIR[44]	<b>33.20</b>	<b>0.963</b>	-	4
IR-CM-CD (ours)	28.96	0.90	0.089	1
IR-CM-CT (ours)	29.72	0.95	0.013	1
IR-CM-CT (ours)	29.87	0.95	<b>0.012</b>	2

Table 4: Quantitative comparison results on GoPro dataset. The optimal results are indicated by **bold underlining**.

Methods	Metrics			
Methods / Metrics	PSNR↑	SSIM↑	LPIPS↓	NFE↓
DnCNN[7]	31.52	0.87	0.101	1
FFDNet[8]	32.36	<b>0.89</b>	0.103	1
IR-SDE[22]	29.48	0.81	0.071	100
Denoising-SDE[22]	28.98	0.75	0.088	22
Denoising-ODE[22]	<b>32.39</b>	0.88	0.055	22
CNN-baseline	25.02	0.78	0.102	1
IR-CM-CD (ours)	24.98	0.78	0.085	1
IR-CM-CT (ours)	25.61	0.82	0.048	1
IR-CM-CT (ours)	27.56	0.88	<b>0.027</b>	2

Table 5: Quantitative comparison results on McMaster dataset with noise level  $\sigma = 25$ . The optimal results are indicated by **bold underlining**.

weight initialization is also an option. In practice, we found that when given enough training time, the performance of both approaches is quite similar.

#### 4.1.2 Image deblurring

We validated the effectiveness of the proposed IR-CM model for image deblurring task based on the GoPro[43] dataset. A total of 2103 images are used for training, while 1111 images are reserved for testing. Our method is qualitatively and quantitatively compared with some of the milestone image deblurring methods including DeepDeblur[43], DeblurGAN-v2[14], DBGAN[15], MAXIM[4], DiffIR[44] and of course IR-SDE[22]. The comparison results are shown in Table 4 and Figure 4. More visual results are available in appendix D.

Our proposed method achieves optimal performance on SSIM and LPIPS metrics, surpassing the IR-SDE baseline model as well. This strongly demonstrates the effectiveness of our proposed consistency training approach. Notably, like other SDE-based models, we prioritize perceptual scores LPIPS over distortion scores PSNR and SSIM.

#### 4.1.3 Image denoising

Note that the last term in (1) is a Gaussian process. Hence, we can consider a special case where  $\mu = x(0)$ . In this case, the IR-SDE degenerates into a pure additive noise process. This implies that any point along the PF-ODE trajectory can serve as a noisy image to be processed. In this scenario, we can only apply the conventional consistency training approach and cannot utilize the proposed linear-nonlinear decoupled training strategy because  $x(0)$  must be set as the HQ image and  $x(t)$  represents the corresponding low-quality (LQ) image.

Similar to [22], we collected approximately 5000 HQ images from the DIV2K[45], Flickr2K[45], and BSD500[46] datasets for training, and subsequently tested on the McMaster[47] dataset. To demonstrate the competitiveness of our method against state-of-the-art approaches, we compare it with DnCNN[7], FFDNet[8], as well as the special denoising methods proposed in [22], namely Denoising-SDE and Denoising-ODE. Our method achieves the optimal result in perceptual scores. Comparative experimental results are shown in Table 5, and visual results are available in appendix D.





Figure 4: Qualitative comparison results on GoPro dataset. More visual results are available in appendix D.

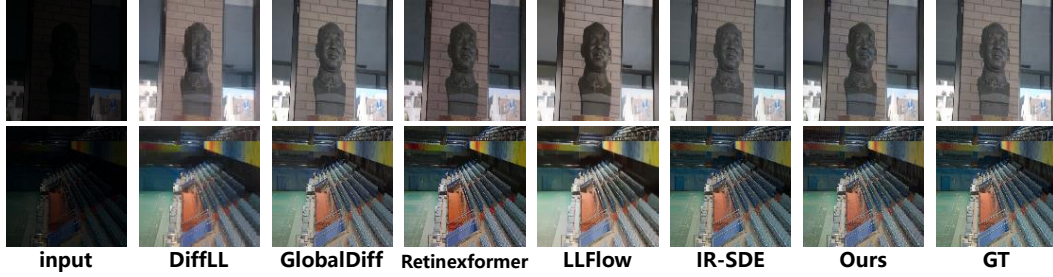


Figure 5: Qualitative comparison results on LOLv2 dataset. More visual results are available in appendix D.

Methods	Metrics			
Methods / Metrics	PSNR $\uparrow$	SSIM $\uparrow$	LPIPS $\downarrow$	NFE $\downarrow$
DiffLL[21]	28.86	0.88	0.207	10
GlobalDiff[20]	28.82	0.90	0.095	500
Retinexformer[16]	27.71	0.86	0.097	1
LLFlow[17]	26.02	0.93	0.099	1
IR-SDE[22]	27.05	0.90	0.087	100
CNN-baseline	23.16	0.81	0.156	1
IR-CM-CD (ours)	26.33	0.89	0.098	1
IR-CM-CT (ours)	27.61	0.93	0.027	1
IR-CM-CT (ours)	<b>30.20</b>	<b>0.95</b>	<b>0.021</b>	2

Table 6: Quantitative comparison results on LOLv2 dataset. The optimal results are indicated by **bold underlining**.

Group	Components			Metrics		
	OECF	OGL	LLDT	PSNR	SSIM	LPIPS
1	×	×	×	23.06	0.82	0.144
2	×	✓	×	23.62	0.88	0.094
3	✓	×	×	23.99	0.86	0.120
4	✓	✓	×	25.04	0.91	0.059
5	×	×	✓	23.96	0.84	0.121
6	×	✓	✓	25.01	0.89	0.072
7	✓	×	✓	24.45	0.86	0.101
8	✓	✓	✓	27.61	0.93	0.027

Table 7: Ablation experiment results on LOLv2 dataset. OECF: origin-estimated consistency function, OGL: origin-guided loss, LLDT: linear-nonlinear decoupling training strategy.

#### 4.1.4 Low-light image enhancement

We compare our method with existing researches for low-light image enhancement tasks on the LOLv2[48] dataset consisted of 689 pairs training images and 100 pairs testing images. We compare our proposed method with some recent approaches for low-light image enhancement task, including: DiffLL[21], GlobalDiff[20], Retinexformer[16], LLFlow[17]. Note that IR-SDE is trained following the experimental settings described in [22], while IR-CM-CD is based on consistency distillation using the trained weights of IR-SDE. Our method outperforms the state-of-the-art diffusion-based methods, DiffLL and GlobalDiff, and requires only two sampling steps. The corresponding quantitative and qualitative comparison results are shown in Table 6 and Figure 5 respectively. More visual results are available in appendix D

#### 4.1.5 Runtime Comparison

To validate the superiority of our method in inference real-time performance, we compared it with several other state-of-the-art (SOTA) methods across three common resolution sizes. The results are shown in Table 8. Compared to the baseline method IR-SDE, our method significantly reduces inference time by introducing a consistency training process. In some real-time demanding applications, one-step sampling inference allows for fast predictions while maintaining competitive performance. On the other hand, two-step sampling inference can substantially improve model

performance with only a slight trade-off in inference speed. Users can choose the approach based on their specific requirements. Additionally, a discussion on the model complexity will be provided in Appendix E.

image size / methods	MAXIM	Restormer	IR-SDE	DiffLL	GlobalDiff	DiffIR	IR-CM(1-step)	IR-CM(2-step)
256x256	0.092	0.117	7.325	0.087	0.134	0.574	<b>0.073</b>	0.145
600x400	0.297	0.395	27.418	0.309	0.637	2.743	<b>0.273</b>	0.547
1280x720	1.223	1.512	98.731	1.045	1.881	7.155	<b>0.992</b>	1.984

Table 8: Inference time comparison with some of SOTA methods on three typical image sizes. All tests were conducted using an NVIDIA 2080Ti GPU. The optimal results are indicated by **bold underlining**.

## 4.2 Ablation Experiments

### 4.2.1 Components ablation experiments

The main innovations of this paper lie in the OECF, Origin-guided loss, and the linear-nonlinear decoupling training strategy proposed in the previous section. To verify the effectiveness of each component, we conducted a series of ablation experiments using low-light image enhancement as an example. To ensure fairness, each control group used the same checkpoint for model initialization, and the total number of epochs was kept consistent during training. And only the performance of one-step sampling inference was considered. The corresponding results are shown in Table 7. The effectiveness of the proposed OECF can be demonstrated by group pairs (1, 3), (2, 4), (5, 7), (6, 8). The significant improvement in perceptual scores due to the origin-guided loss is evident from the comparisons between group pairs (1, 2), (3, 4), (5, 6), (7, 8). Finally, the notable performance enhancement of the model due to the linear-nonlinear decoupling training strategy can be seen from the comparisons between groups (1, 5), (2, 6), (3, 7), (4, 8). Note that for groups 5 and 7, we only use the origin-guided loss during the Linear-fitting stage, and not during the nonlinear-fitting stage.

### 4.2.2 Selection of origin-guided loss weight

The setting of  $\lambda_{OG}$  also affects the performance of IR-CM. If set too low, the model may become unstable and perform poorly, as discussed in Section 3.2. If set too high, it will affect self-consistency property, leading to a degradation into a CNN-baseline method. We experimented with multiple values and empirically found that the best performance is achieved around 0.8. The related experimental results are discussed in Appendix B.

### 4.2.3 Linear-fitting stage only & Multiple sampling

In fact, after completing the linear-fitting stage, the model can already perform one-step sampling inference, however, it cannot perform multi-step sampling as discussed in Section 3.3. To further evaluate the model's performance, we tested it under the conditions of linear-fitting stage only, and with 1-step, 2-step, 4-step, and 6-step sampling. Empirically, we consider 2-step sampling to be the most cost-effective choice. The related experimental results are discussed in Appendix C.

## 5 Conclusion

This paper proposes a multi-task image restoration and enhancement method, IR-CM, based on a consistency training approach, enabling few-step or even one-step sampling inference. Specifically, we proposed the Origin-estimated Consistency Function (OECF), which provides a more stable initial state and a smaller solution space for the consistency training process. Furthermore, to make the training process more robust and prevent trivial solutions, we introduced the Origin-guided Loss (OE Loss). Based on these, we developed a Linear-Nonlinear Decoupling Training Strategy, which not only accelerates the training process but, more importantly, enables the model to perform multi-step sampling inference, further enhancing its performance. Finally, a series of comparative experiments and ablation studies demonstrated the effectiveness of the proposed method.

## 6 Acknowledgment

Our work is supported by the weapons and equipment pre-research fund, Grant No. 50911020603.

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## A Implementation details

We chose the same U-Net backbone network as used in IR-SDE[22]. Note that the CNN-baseline uses the same U-Net backbone, with its time embedding set to a constant, and it directly outputs HQ images from the input LQ images. For all tasks, we set the training patch-size to be  $128 \times 128$  and use a batch size of 4. We used the AdamW[49] optimizer with a weight decay set to 0.01 and set learning rate to  $10^{-5}$ . Our models are trained on two 2080Ti GPUs for 200 epochs for each task, with the linear-fitting stage and the nonlinear-fitting stage each accounting for 100 epochs. The training hyperparameters are set as follows:  $\lambda = 10$ ,  $\lambda_{OG} = 0.8$ ,  $\lambda_{perc} = 0.125$ .

The  $\theta$  schedule is defined same as [22]:

$$\theta_t = 1 - \frac{f(t)}{f(0)}, \quad f(t) = \cos\left(\frac{t/T + s}{1 + s} \cdot \frac{\pi}{2}\right)^2, \quad (17)$$

where  $s = 0.008$ . And the consistency weights  $c_{skip}$  and  $c_{out}$  are set as follow:

$$c_{skip}(t) = 1 - c_{out}(t), \quad c_{out}(t) = t/T, \quad (18)$$

where  $T$  is set to 100.

## B Selection of origin-guided loss weight

We take the low-light image enhancement task as an example to consider the impact of different  $\lambda_{OG}$  values on the final performance of the model considering only the one-step sampling scenario. The quantitative experimental results are shown in Table 9.

Metrics/ $\lambda_{OG}$	0	0.2	0.4	0.6	0.8	1.0	1.2
PSNR	22.36	22.11	24.42	26.94	27.61	<b>27.67</b>	27.53
SSIM	0.85	0.87	0.89	0.92	<b>0.93</b>	0.92	0.90
LPIPS	0.136	0.129	0.086	0.044	<b>0.027</b>	0.042	0.075

Table 9: Quantitative comparison results of different  $\lambda_{OG}$ . The optimal results are indicated by **bold underlining**.

The results show that the best performance is achieved when  $\lambda_{OG}$  is set to 0.8. Although a higher PSNR score was obtained with  $\lambda_{OG} = 1.0$ , we prioritize perceptual scores. Therefore, we chose  $\lambda_{OG} = 0.8$  as the experimental setting in Section 4.1.

## C linear-fitting stage only & Multiple sampling

As shown in Algorithm 3, our method, like most SDE-based methods, can improve model performance through multi-step sampling. Specifically, if set  $M = 1$ , one-step sampling can be achieved. To further evaluate the model's performance, we tested it under 1-step, 2-step, 3-step, and 4-step sampling. Additionally, we evaluated the model's performance after completing only the linear-fitting stage (LFS). Similarly, using low-light enhancement as an example, the test results are shown in Table 10 and Figure 6.

Metrics/NFE	1	2	3	4	LFS only (one-step)
PSNR	27.6139	30.2070	<b>31.4882</b>	31.2916	27.2421
SSIM	0.9301	0.9493	<b>0.9496</b>	0.9490	0.9216
LPIPS	0.02693	<b>0.02080</b>	0.02146	0.02247	0.02803

Table 10: Quantitative comparison results of different sampling step. The optimal results are indicated by **bold underlining**.

It can be observed that the optimal perceptual score is achieved when the sampling step is 2. Further increasing the sampling steps leads to only slight improvements in model performance but implies longer inference times. In the case of one-step sampling, the performance of LFS only is not significantly different from that of the two-stage trained model. Considering all factors, we believe that 2-step sampling inference is the most cost-effective.

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**Algorithm 3:** Multi-step sampling inference

---

**Input** LQ image  $x_{LQ}$ , OECF  $f_\phi(\cdot, \cdot)$ , sequence of time points  $t_1 < t_2 \dots < t_N$ , inference step  $M$ ;

$m \leftarrow 0, n \leftarrow N, \mu \leftarrow x_{LQ}$ ;

Sample  $x_{t_n} \sim \mathcal{N}(\mu, v_{t_n})$ ;

**while**  $m < M$  **do**

$x_0 \leftarrow f_\phi(x_{t_n}, t_n)$ ;

$n \leftarrow n/2$ ;

$m_{t_n} \leftarrow \mu + (x_0 - \mu)e^{-\bar{\theta}_{t_n}}$ ;

    Sample  $x_{t_n} \sim \mathcal{N}(m_{t_n}, v_{t_n})$ ;

$m \leftarrow m + 1$

**end**

**Output:**  $x_0$

---



Figure 6: Visual results of different sampling step.

## D More visual results

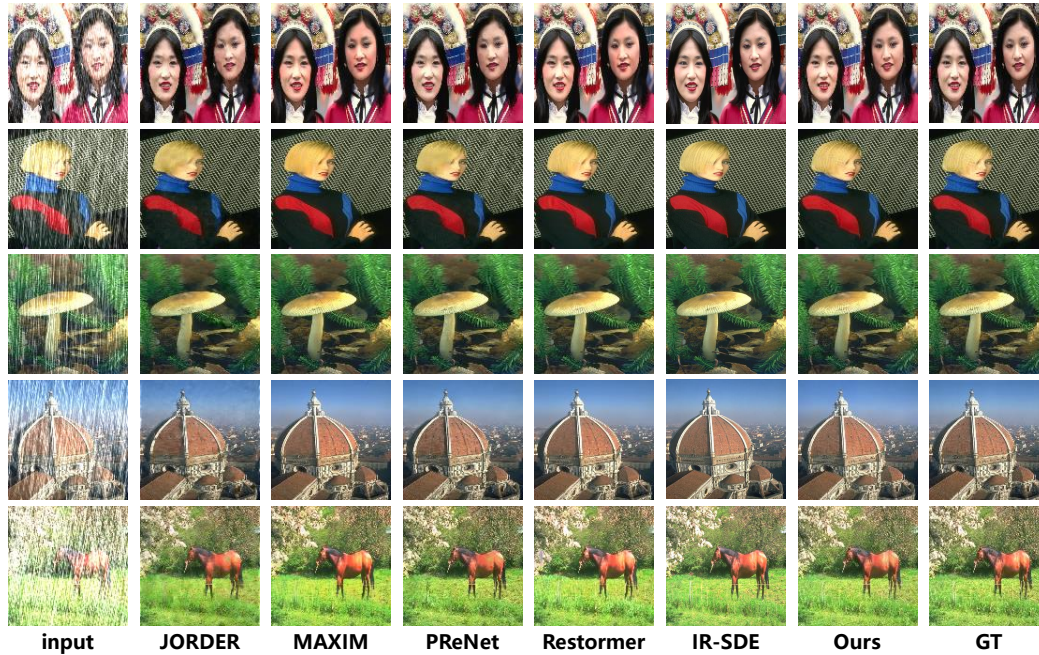


Figure 7: Image deraining visual results on R100H dataset.



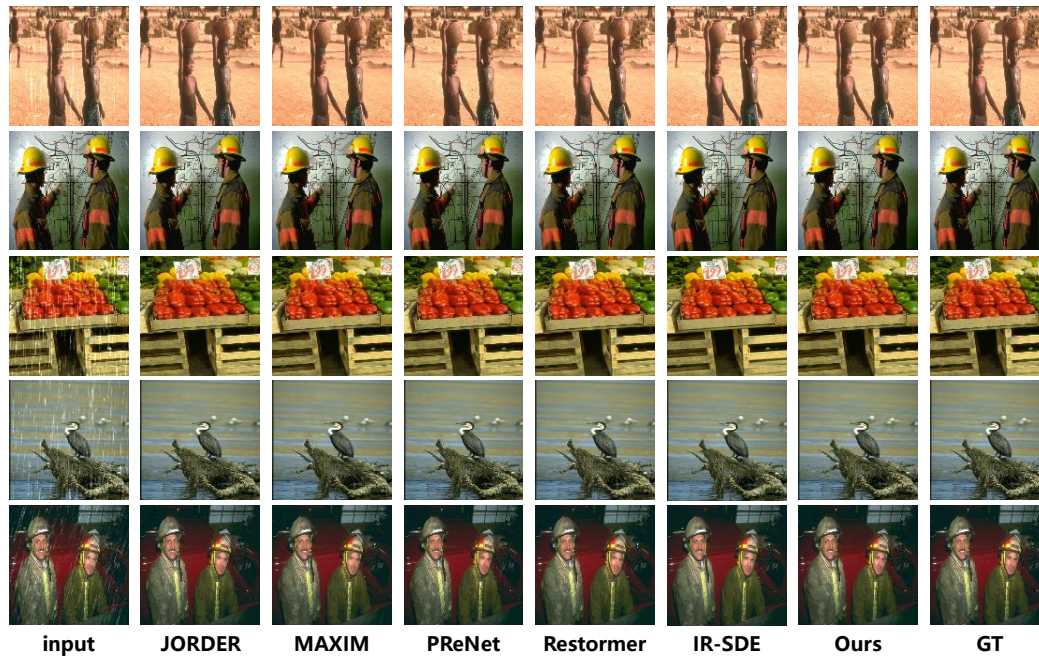


Figure 8: Image deraining visual results on R100L dataset.



Figure 9: Image deblurring visual results on GoPro dataset.



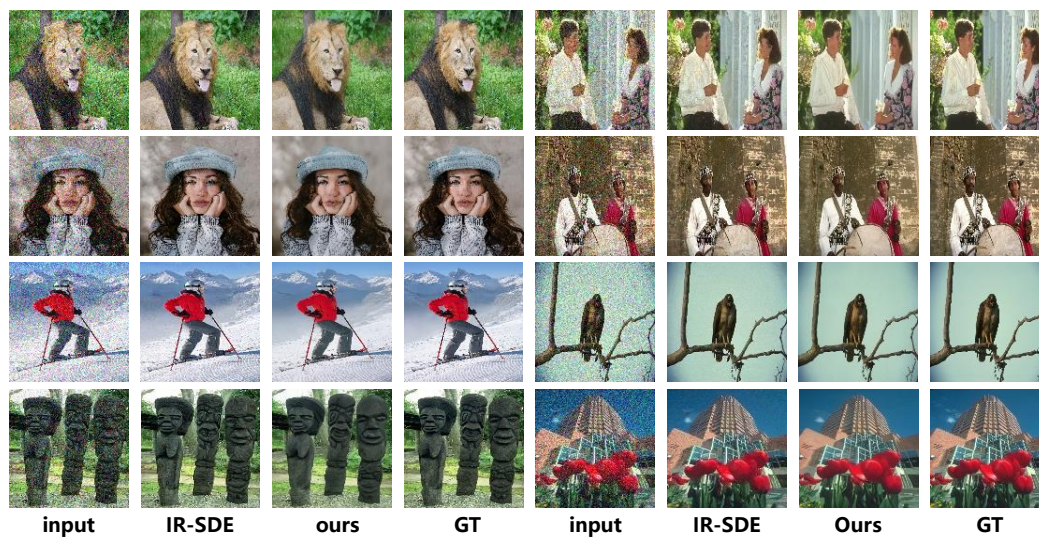


Figure 10: Image denoising visual results on McMaster dataset with  $\sigma = 25$ .

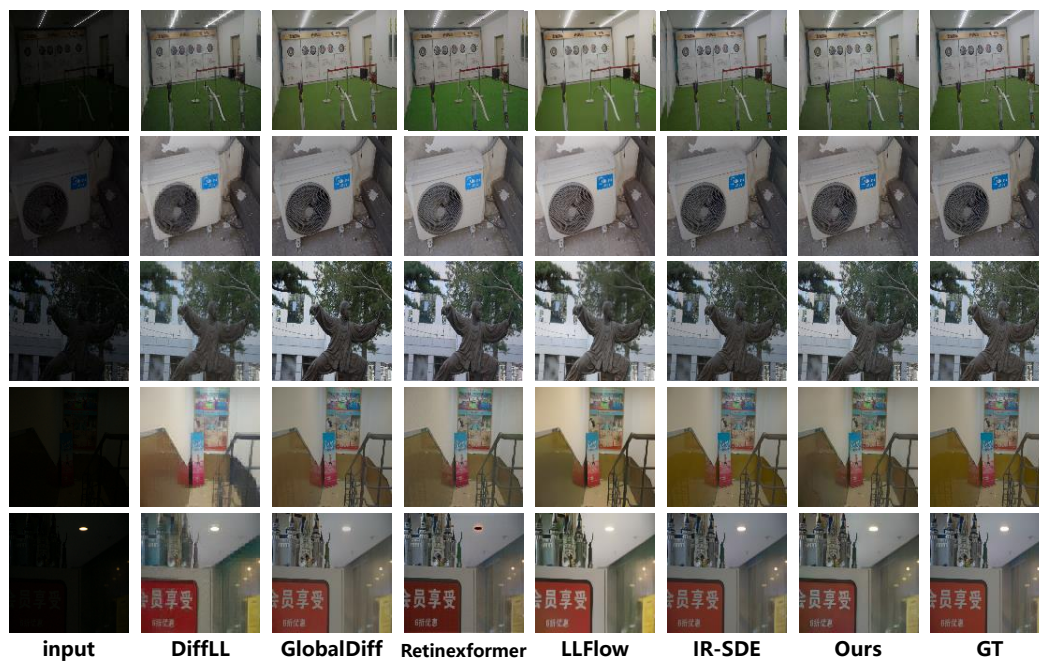


Figure 11: Low-light image enhancement visual results on LOLv2 dataset.



## E Model complexity

Our backbone network is a conditional Unet, and its computational complexity is proportional to the number of convolutional layers and the size of the image. The complexity can be calculated as follows:

$$O(S * \sum_{i=0}^{L-1} (\frac{H}{2^i} * \frac{W}{2^i} * C_{in,i} * C_{out,i} * K^2)), \quad (19)$$

where  $L$  is number of convolutional layers,  $H, W$  are the height and width of the image,  $C_{in,i}, C_{out,i}$  represent the input and output sizes of the convolutional layer respectively,  $K$  is the size of the convolutional kernel, and  $S$  denotes the sample steps. From the above formula, it can be seen that our model has a linear relationship with the height and width of the input image. And it is also linearly related to the number of sampling steps. This is advantageous for applying our model to larger-sized images. Additionally, by adjusting the number of sampling steps, a trade-off between real-time performance and model performance can be achieved.

## F Potential societal impact

Our work on conditional image generation tasks, such as image restoration and enhancement, has several potential societal impacts. These improvements can benefit fields like medical imaging, where enhanced image quality can aid in better diagnosis and treatment. Additionally, improved image restoration techniques can be valuable in preserving and restoring historical photographs and artworks.

However, there are also potential negative impacts to consider. Enhanced image generation techniques could be misused for creating deceptive content, such as deepfakes, which can have serious ethical and social implications. Therefore, it is crucial to implement safeguards and ethical guidelines to prevent misuse and ensure that the technology is used for beneficial purposes.

We are committed to promoting the positive applications of our research while being aware of and mitigating potential risks.

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